

Not every disability is visible-some are hidden

The Hidden Disabilities Sunflower will let us know that you need some additional support or can't wear a face covering in public. Not all disabilities are visible- some are not immediately obvious, such as autism. Living with a hidden disability can make daily life more challenging for many people, but it can be difficult for others to recognise, acknowledge or understand the challenges you face.

Autism Bedfordshire support our members in their choice to wear a face mask or not, by law they do not need to show an exemption card or to wear a sunflower lanyard.

“The new rules say I don't have to wear a face covering if I can't put one on, wear or remove one because of my disability or without becoming severely distressed”

We are proud to support the Hidden Disabilities Sunflower. Our staff are trained to identify the Sunflower and may ask what we can do to help.

For more information and advice, please contact Autism Bedfordshire via our email: enquiries@autismbeds.org or our enquiry phone line on 01234 214871 or visit our website: www.autismbedfordshire.net.

